



BEGINNER WOMEN'S SOCCER

IT'S BACK AND IT'S EXCITING!

- Never played soccer before?
- Used to play "back in the day?"
- Want to show your kids how it's done?
- Why is soccer the world's favorite game?

We will teach you fun, soccer skill building exercises in a no pressure environment. Learn to dribble, trap, pass and shoot among other soccer skills. Get a better understanding of rules and strategies. You won't have to ask why a player was whistled for a foul, you'll know!

"BURN IT LIKE BECKHAM"...studies prove soccer is better exercise than jogging and more fun. ("A friendly game of soccer, works off more fat and builds up more muscle than jogging." Copenhagen University 2008)

Every hour and a half session ends in scrimmage to further the cardio benefit. Come on get off the sideline and into the game!!!

• **When and Where:**

Wednesday evenings from 6:30 – 8:00 PM at Thornbury Soccer Park ,
1200 S. Westtown Road, West Chester, PA (start date April 1 end date June 3)

Thursday mornings from 10:00 – 11:30 AM at WCUSC Turf Field,
601 Westtown Road, West Chester, PA (start date April 2 end date June 4)

- **Who:** Qualified, licensed, fun instructors and you
- **What do you need to bring:** Water! Cleats or turf shoes are recommended if you have them.

- **How Much:** \$80.00 for a 10 week session.
Mail checks to TCWSL, 1 Hayes Road, Malvern, PA 19355
Make checks payable to Tri-County Women's Soccer

- **Questions:** E-mail info@tcwsl.com or call 610-578-9187

Name _____

Address _____

E-mail _____

Phone # _____

Session [please check]

Wednesday PM

Thursday AM